

# February is Vulvuary

19th Vulval Health Awareness Month February 2019

Announcing a new awareness ribbon



**Symbols are images or concepts that represent something greater than the symbol itself. A symbol is something we use as a stand-in for words, ideas, emotions, energies, and/or events.**

Ribbon symbols:

Red represents inflammation.

White represents white areas of skin.

The knot symbolises that we are together in our challenges and our common causes.

Red and white – visual signs of the presence of Lichen Sclerosus, Lichen Planus, VIN, Vulval cancer and Extra Mammary Paget's Disease

**Our unique ribbon can be used for all or any one of these conditions. Make it yourself, wear it at any angle.**

**The ribbon uses the concepts of the Craftivist approach. [www.craftivist-collective.com](http://www.craftivist-collective.com) The art of making things by hand to promote a kinder, more beautiful, less aggressive, less competitive way to awareness.**

**Use any width or length of ribbon. Fold the ribbon in half, tie the knot, trim the ends and add the pin. You can choose! Bold or discreet.**

(We think that in the spirit of equality, that men diagnosed with lichen sclerosus can choose to wear the ribbon too.)



[www.lichensclerosus.org](http://www.lichensclerosus.org). @WorldLSaware  
@checkyourvulva  
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